

Youth Risk Behavior Survey (YRBS) 2023 Results



June 2026

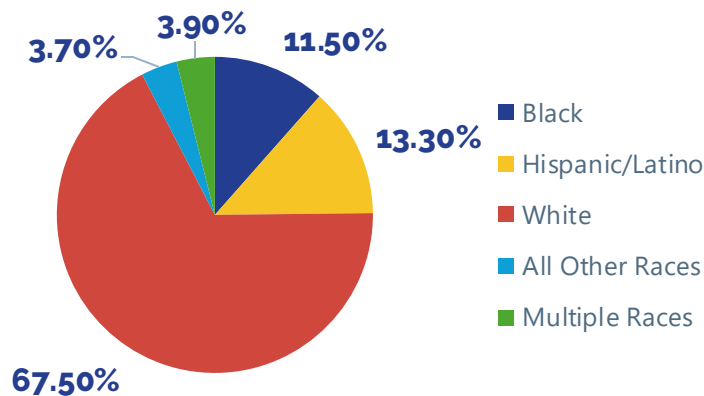
What is Youth Behavior Risk Survey?

Youth Risk Behavior Survey (YRBS) is a Centers for Disease Control (CDC)-sponsored survey that monitors students' health risks and behaviors over time at both national and state levels.

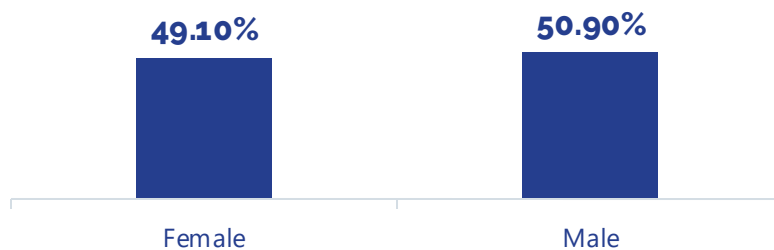
YRBS is conducted every other year among high school students grades 9-12. YRBS helps identify emerging issues and aids organizations in planning programs to support the health of youth. YRBS data is used by health departments, educators, lawmakers, hospital organizations and community organizations to inform school and community programs.

YRBS 2023 Survey Demographics

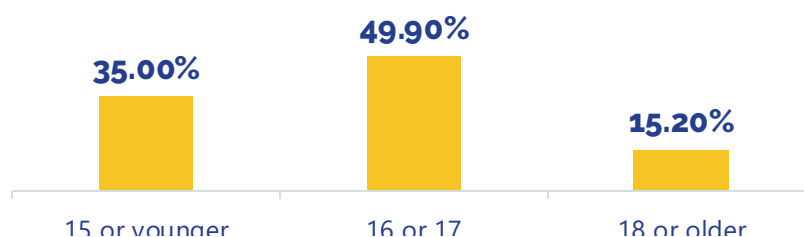
Race/Ethnicity



Gender



Age



Fast Facts

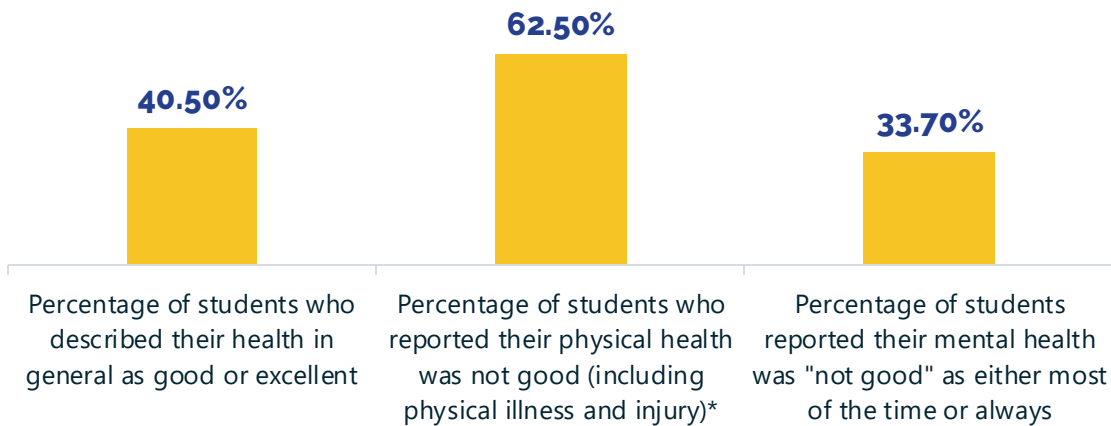
- **22.4%** of students got eight or more hours of sleep on an average school night*
- **53.7%** of students used the internet or apps on their cell phone while driving a car or other vehicle (not counting using cell phone for driving directions)**
- **19.7%** of students currently smoke cigarettes or used electronic vapor products***
- **24.9%** of students currently drink alcohol***
- **76.3%** of students spent three or more hours per day on screen time (not counting time spent doing schoolwork, on an average school day)
- **34.5%** of students felt that they have been treated badly or unfairly because of their race or ethnicity

*during the 12 months before the survey

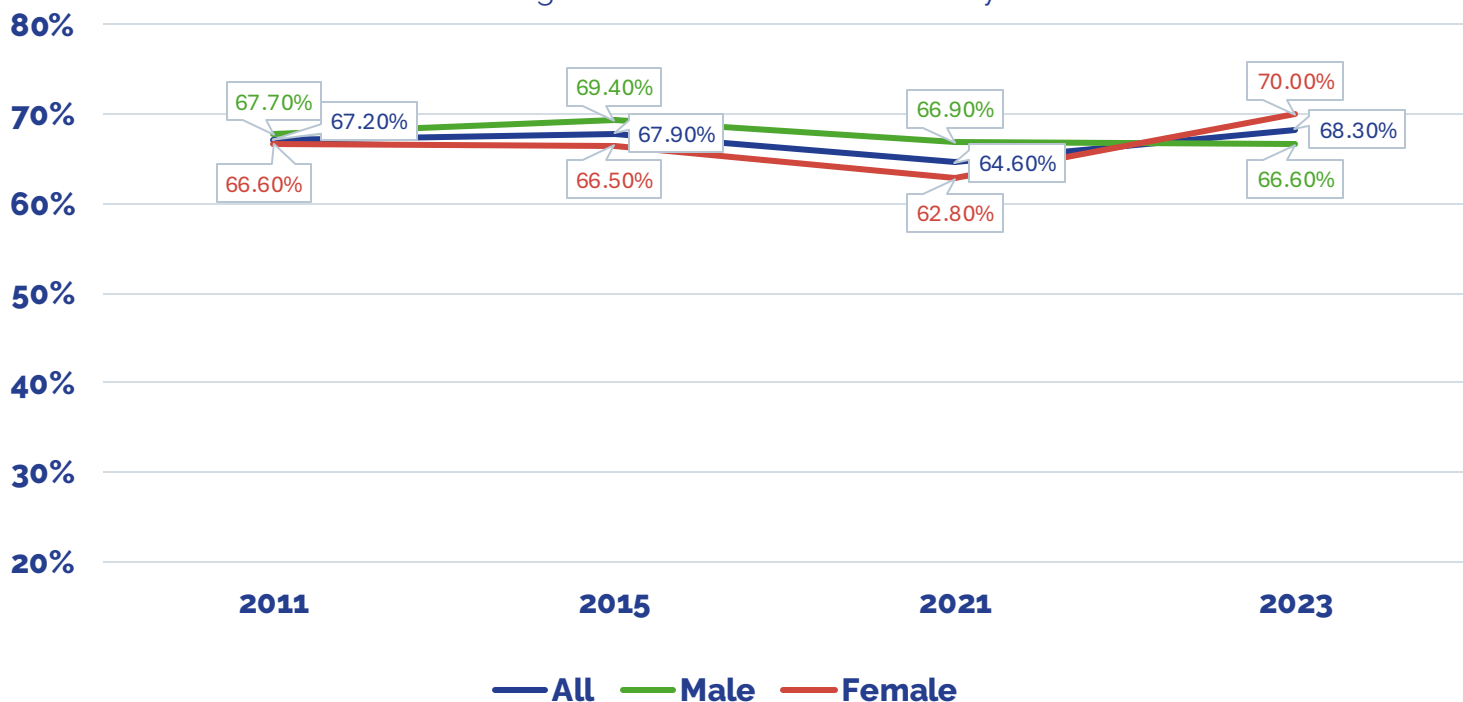
** one or more times during the 30 days before the survey

***during the 30 days before the survey

Adolescent Health Ratings



Percentage of students who saw a doctor or nurse (during the 12 months before the survey)



For additional information on adolescent health:
in.gov/health/mch/data/adolescentyoung-adult-health/